

CHESHIRE EAST HEALTH AND WELLBEING BOARD
Reports Cover Sheet

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| Title of Report: | The Cheshire East Place Self-Harm and Suicide Prevention Plan |
| Report Reference Number | HWB75 |
| Date of meeting: | 18 th March |
| Written by: | Lori Hawthorne |
| Contact details: | Lori.hawthorne@cheshireeast.gov.uk |
| Health & Wellbeing Board Lead: | Helen Charlesworth-May |

Executive Summary

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| Is this report for: | Information <input type="checkbox"/> | Discussion <input type="checkbox"/> | Decision X |
| Why is the report being brought to the board? | For an update on the 2023-2025 Plan and to approve the 2025-2027 Plan | | |
| Please detail which, if any, of the Health & Wellbeing Strategic Outcomes this report relates to? | 1. Cheshire East is a place that supports good health and wellbeing for everyone <input type="checkbox"/> 2. Our children and young people experience good physical and emotional health and wellbeing <input type="checkbox"/> 3. The mental health and wellbeing of people living and working in Cheshire East is improved <input type="checkbox"/> 4. That more people live and age well, remaining independent; and that their lives end with peace and dignity in their chosen place <input type="checkbox"/> All of the above X | | |
| Please detail which, if any, of the Health & Wellbeing Principles this report relates to? | Equality and Fairness <input type="checkbox"/> Accessibility <input type="checkbox"/> Integration <input type="checkbox"/> Quality <input type="checkbox"/> Sustainability <input type="checkbox"/> Safeguarding X All of the above <input type="checkbox"/> | | |
| Key Actions for the Health & Wellbeing Board to address. Please state recommendations for action. | To note the progress made in relation to the 2023-2025 Self Harm and Suicide Prevention Plan and to comment upon and agree the 2025-2027 Plan. | | |

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| Has the report been considered at any other committee meeting of the Council/meeting of the CCG board/stakeholders? | Yes, a stakeholder workshop was held on Teams on 4 th March. |
| Has public, service user, patient feedback/consultation informed the recommendations of this report? | Yes, information from community and voluntary sector organisations working with families of people who have died from suicide and from those working to prevent self-harm and suicide has informed the Plan. |
| If recommendations are adopted, how will residents benefit? Detail benefits and reasons why they will benefit. | Levels of self-harm and suicide will stabilise and in due course reduce. |

1 Report Summary

- 1.1 The 2023-2025 Cheshire East Place Self-Harm and Suicide Prevention Plan has run its course. A presentation will provide the Board with updates on progress made. The refreshed Plan for 2025-2027 is presented for the Board's consideration and approval.

2 Recommendations

- 2.1 That the Cheshire East Health and Wellbeing Board note the progress made in relation to the 2023-2025 Self Harm and Suicide Prevention Plan and to comment upon and agree the 2025-2027 Plan.

3 Reasons for Recommendations

- 3.1 To ensure that the collaborative work to reduce self-harm and suicide in Cheshire East is brought to the attention of the Board and that the Board supports ongoing work.

4 Impact on Health and Wellbeing Strategic Outcomes

- 4.1 Improving the mental health and wellbeing of people living and working in Cheshire East is a priority outcome within the Joint Local Health and Wellbeing Strategy with the reduction of hospital stays for self-harm and reducing the number of suicides indicators of success.

5 Background

- 5.1 The Cheshire East Place Self-Harm and Suicide Reduction Plan responds to the national Suicide prevention strategy for England: 2023 to 2028 and the Cheshire and Merseyside Suicide Prevention Strategy 2022-2027.

6 Access to Information

- 6.1 The background papers relating to this report can be inspected by contacting the report writer:

Name: Lori Hawthorn

Designation: Public Health Development Officer (Mental Health and Suicide Prevention)

Email: Lori.hawthorn@cheshireeast.gov.uk